

5 SUMMER ACCIDENTS & HOW TO PREVENT THEM

Keep yourself, your family and your home safe from mishap this summer by steering clear of these all-too-common hazards of the warmer months.

1 BARBECUE ERRORS



Fire departments across the U.S. respond to **8,200 barbecue-related fires each year.**

Keep your grill in a **well-ventilated area at a safe distance from your home.**



2 MOWING MISHAPS

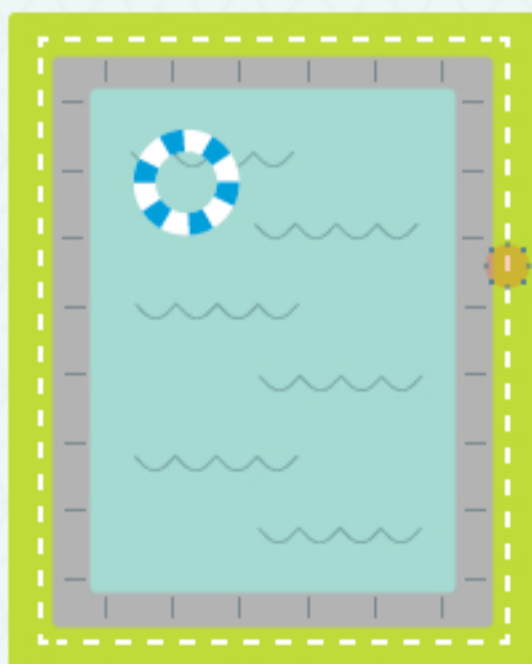


80,000 Americans annually are hospitalized for injuries **from lawn mowing accidents.**

Only mow your lawn **while it's bright out (not dusk)** and **remove any large objects from your lawn** beforehand.



3 UNSAFE SWIMMING



Emergency departments treat **5,100 swimming pool-related injuries yearly.**

Install a fence around your pool to keep the kids from swimming unsupervised.



4 HIGH HEAT



With every increase of 10 degrees Fahrenheit, **risk of hospitalization for respiratory problems rises by 4.3%.**

Drink plenty of water, and play outdoor sports during less-hot times of day—**morning or evening.**



5 BIKING BLUNDERS



More than 500,000 bicycle injuries are treated in U.S. emergency rooms every year.

Be sure to **wear a helmet on your summer bike rides,** and **sport retro-reflective clothing,** even during the day time.

